A Message from the Mayor

Dear Friends,

Thank you for bicycling in the District of Columbia! It's a fast, clean, fun way to get around the city.

I ride my bike to stay in shape and compete in triathlons. Bicycle exercise can help reduce heart disease, diabetes, and other chronic illnesses. It can also save money and reduce traffic congestion and air pollution.

We are working hard to make the District of Columbia one of the most bicycle-friendly cities in the country. We've installed miles of bicycle lanes and hundreds of bicycle parking racks. We're building major new trails along the Anacostia River and the Metropolitan Branch corridor in Northeast.

Mayor Adrian M. Fenty in the 2006 Nation's Triathlon

Please ride safely and follow the rules of the road. Let us know if you have suggestions for making our city even more bicycle friendly.

Adrian M. Fenty
Mayor

For more information, contact:

Bicycle Program Specialist
District Department of Transportation
2000 14th Street, NW , 7th Floor
Washington, DC 20009
www.ddot.dc.gov/bike
Phone: 202-671-0681

Washington Area Bicyclist Association
1803 Connecticut Avenue, NW, 3rd Floor
Washington DC 20009
www.waba.org
202-518-0524

Credits:

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Washington Area Bicyclist Association   1/2008

BIKE SAFETY

Wear a helmet

Be predictable

Never ride against traffic

Use hand signals

Ride in a straight line

Bicyclists have the same rights and responsibilities as motorists

No riding on sidewalks in the Central Business District

Bicycles must use a light at night

Don't weave between parked cars

Ride in the middle of lane in slow traffic

Go slow on sidewalks

Be alert – ride defensively and expect the unexpected

Watch for cars pulling out

Scan the road behind

Avoid road hazards

Keep both hands ready to brake

On the Trail

Share the trail with joggers, walkers and skaters

Stay to the right except when passing

Pass slower traffic on the left

Give a clear warning before passing

Move off the trail when stopped to allow others to pass